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ANNALS OF
**RESEARCH IN SPORT
AND
PHYSICAL ACTIVITY**

FACULDADE DE
CIÊNCIAS DO
DESPORTO E
EDUCAÇÃO FÍSICA
DA UNIVERSIDADE
DE COIMBRA
IMPRESA
DA UNIVERISDADE
DE COIMBRA



1 • PHYSICAL EDUCATION

THE INFLUENCE OF TEACHER-INITIATED
REMINDERS ON THE ATTAINMENT
OF STUDENTS' AEROBIC FITNESS GOALS