



ANNALS OF  
RESEARCH IN SPORT  
AND  
PHYSICAL ACTIVITY

FACULDADE DE  
CIÊNCIAS DO  
DESPORTO E  
EDUCAÇÃO FÍSICA  
DA UNIVERSIDADE  
DE COIMBRA  
IMPRESA  
DA UNIVERISDADE  
DE COIMBRA

1 • RESEARCH ARTICLES PHYSICAL ACTIVITY

HEALTH BEHAVIOUR,  
BODY COMPOSITION AND  
MOTOR PERFORMANCE IN FEMALE  
UNIVERSITY STUDENTS